

ANNUAL REGISTRATION

\$45 FOR 1 CHILD

\$75 FOR FAMILY

Extreme Cheer & Tumble
1402 E. Stan Schlueter Loop
Killeen, Texas 76542
254-526-3547



Friday Morning Open Gym

Ages 5 and Under - \$10 per child

10:00am - 11:30am

Friday Night Open

Ages 6 and Up - \$20 per child

6:30-9:30pm

Class Time per Student	Cost Per Month
:45 Minutes a week	\$70.00
1 Hour a week	\$75.00
2 nd Additional Class	+ \$60.00
3 rd Additional Class	+ \$50.00

Extreme Killeen Location

Class	Days	Times	Class Description
Tiny Tumblers	Wed Thursday Friday Saturday	5:00 6:00 5:30 9:00am	45 minute per week- Tiny bodies, big moves! Tiny Tumblers class is specially designed for toddlers who are just beginning their movement journey. With the help of a parent or caregiver, little ones will explore basic gymnastics and tumbling in a fun, safe, and nurturing environment.
Kids Gym	Monday Tuesday Wednesday Thursday Friday Saturday	4:00,5:00,6:00,7:00 4:00,5:00,6:00,7:00 4:00,7:00 4:00,5:00,7:00 4:30 10:00,12:00	45 minute per week- Big energy, big fun, and big skills! This class helps young athletes build strength, coordination, balance, and flexibility while introducing beginner gymnastics skills like rolls, handstands, cartwheels, and basic bar and beam work. Through engaging circuits, games, and imaginative movement, children will gain confidence, body awareness, and a strong foundation for future gymnastics classes—all while having a blast!
Pre Level 1	Monday Tuesday Wednesday Thursday Friday Saturday	4:00,6:00 4:00 5:00,6:00 4:00, 6:00 5:30 11:00	45 minute per week- Pre Level 1 is designed for young athletes who have graduated from Kids Gym and are ready to build on their foundational skills in a more focused and independent environment. This class introduces and develops beginner-level skills to create a foundation before progressing into Gymnastics, Tumbling or Cheer classes.
Gymnastics Level 1	Monday Tuesday Wednesday Thursday Friday	4:00,5:00,6:00,7:00 4:00,5:00,6:00 4:00,5:00,6:00 4:00,5:00,7:00 4:30	1 hr class per week -This class focuses on improving form and consistency while introducing new skills on all four apparatuses: floor, bars, beam, and vault. Athletes will work on moves such as handstands, bridges, cartwheels, front and back walkovers, pullovers, casts, and basic beam connections.
Gymnastics Level 2	Monday Tuesday Wednesday Thursday	7:00 6:00 4:00,6:00,7:00 5:00	1 hr class per week- This class focuses on refining foundational skills while introducing intermediate-level movements on floor, bars, beam, and vault. Athletes will work on skills like back handsprings, front handsprings, round-offs, and intermediate bar work, all while enhancing their body control and coordination
Gymnastics Level 3	Tuesday Thursday	7:00 7:00	1 hr class per week- This is an invite class for athletes that have been in gymnastics level 2. The athlete will be evaluated to be moved to gymnastics level 3 to continue progressing and have a goal of being on a gymnastics team.
Tumbling Foundations	Monday Tuesday Wednesday Thursday Friday	4:00,5:00,6:00,7:00 5:00 5:00,6:00 4:00,6:00 4:30,5:30	1 hr class per week-Build strength, skill, and confidence from the ground up! This class is designed for athletes ready to develop the essential building blocks of tumbling. This class focuses on proper technique and body control while introducing foundational skills such as handstands, cartwheels, back bends, round-offs, and more.
Beginner Tumbling	Monday Tuesday Wednesday Thursday Friday	5:00 4:00,5:00,7:00 4:00,7:00 5:00,7:00 5:30	1 hr class per week- This class is perfect for athletes who have a strong foundation and are ready to learn more advanced skills such as back walkovers, front walkovers, Valdez, handstand variations, and more. With a focus on technique, strength, and flexibility, athletes will continue to build confidence while safely progressing their tumbling abilities.
Intermediate Tumbling	Monday Tuesday Wednesday Thursday	5:00,6:00 6:00 5:00 6:00	1 hr class per week- Intermediate Tumbling is designed for athletes who have mastered walkovers and are prepared to begin working on dynamic tumbling elements like back handsprings, front handsprings, series skills, and more.
Advanced Tumbling	Monday Tuesday Wednesday	7:00 7:00 7:00	1 hr class per week Take flight in Advanced Tumbling! This high-level class is designed for experienced athletes who have mastered handsprings and are ready to work on powerful, airborne skills such as back tucks, layouts, full twists, and advanced tumbling passes. Emphasis is placed on technique, height, form, and control to ensure athletes progress safely and efficiently. This class is ideal for athletes who are pushing toward elite-level tumbling with confidence and precision.
Beginner T&T	Tuesday Thursday	4:00 4:00	1 hr class per week- Tumbling and trampoline are both gymnastics disciplines, with tumbling focusing on acrobatic movements performed on floor mats or ground, and trampoline involving acrobatics while bouncing on a trampoline.
Cheer	Tuesday	5:00	1 hr class per week- This class focuses on the fundamental skills of cheer, including jumps, and basic motions. Athletes will learn the building blocks of cheer skills while developing strength, flexibility, and coordination.

Class	Days		Class Description
Cheer Jumps/Flex Flyer/Flex Class	Thursday Tuesday Thursday	5:00 5:00 6:00	1 hr class per week- These classes focus on static stretches by lengthening and stretching muscles that will improve all around flexibility, jumps and body positions.
Adult Tumbling	Friday Saturday	5:30 9:00am	1 hr class per week- An adult tumbling class offers a fun, accessible way to improve strength, flexibility, and body awareness while learning a variety of tumbling skills, from basic rolls to more advanced tricks like handsprings and flips
NINJA	Tuesday Friday	4:00 4:30	This high-energy, obstacle-based class is designed to build strength, endurance, agility, and coordination—all while having a blast navigating exciting ninja-style challenges. Perfect for kids who love to move, this class promotes full-body fitness, confidence, and resilience in a fun and supportive environment.
Lil' NINJA	Wed	6:00	For Ages 3-4 year olds that want to run, jump, and flip